

LIDERKE

Nurture. Enhance.
Increase. Improve.
Connect. Create.

liderke.ba

OUR EXPERTISE

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HUMANITY IN
ACTION
BOSNA I
HERCEGOVINA

G | M | F The German Marshall Fund
of the United States
STRENGTHENING TRANSATLANTIC COOPERATION



NON-VERBAL COMMUNICATION

TED TALK: Your body language may shape who you are | Amy Cuddy
<https://www.youtube.com/watch?v=Ks-Mh1QhMc&t=62s>

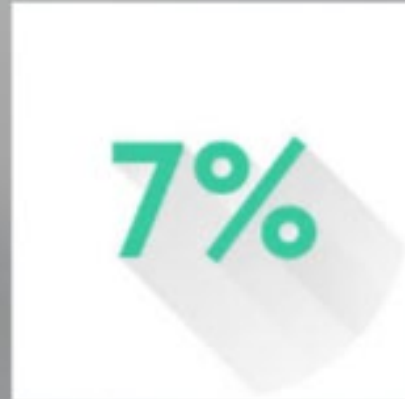




Body



Voice



Content

WARM UP BEFORE THE PRESENTATION:



Relax from the previous activity

Warm up your body and voice



Take time to concentrate on the presentation







VS.



BODY LANGUAGE: How A Short 'Power Pose' Can Change Your Life And Career

<https://www.businessinsider.com/body-language-power-poses-2012-11>



ANALYSTS

Intuitive (N) and Thinking (T) personality types, known for their rationality, impartiality, and intellectual excellence.

Architect
INTJ

Logician
INTP

Commander
ENTJ

Debater
ENTP

DIPLOMATS

Intuitive (N) and Feeling (F) personality types, known for their empathy, diplomatic skills, and passionate idealism.

Advocate
INFJ

Mediator
INFP

Protagonist
ENFJ

Campaigner
ENFP

SENTINELS

Observant (S) and Judging (J) personality types, known for their practicality and focus on order, security, and stability.

Logistician
ISTJ

Defender
ISFJ

Executive
ESTJ

Consul
ESFJ

EXPLORERS

Observant (S) and Prospecting (P) personality types, known for their spontaneity, ingenuity, and flexibility.

Virtuoso
ISTP

Adventurer
ISFP

Entrepreneur
ESTP

Entertainer
ESFP

“Face” Thyself: How Your Body Reveals Your Personality Type

<https://personalityjunkie.com/02/face-reading-body-type-personality/>

Free personality test: <https://www.16personalities.com/free-personality-test>



Thank You

Want to learn more?
Connect with us!

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<https://liderke.ba>

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